

When talking to your delegates, first and foremost please share your story and then, if needed, share the statistics below.

MARYLAND VBAC FACTS	VBAC FACTS
<p>9th Highest cesarean rate in the country -- 35.1% (2013 CDC data)</p> <p>57% Maryland counties have NO hospitals that allow VBAC</p> <p>VBAC rate for MD -- 11.9% (March of Dimes Peristats)</p>	<p>VBAC is a "...safe and appropriate choice for most women who have had a prior cesarean delivery." (ACOG statement on VBAC)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>0.5% Risk of uterine rupture after 1 prior cesarean during VBAC</p> </div> <div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>~0.5% Risk of other obstetric events; namely cord prolapse, fetal distress, placental abruption, shoulder dystocia</p> </div> </div> <p>Health benefits for a woman.</p> <ul style="list-style-type: none"> • VBAC reduces overall cesarean rate (ACOG statement on VBAC) • reduces risk of infection, hemorrhage, & hysterectomy • decreases mortality risk <p>Health benefits for the baby. Compared with those born vaginally, babies born via cesarean (especially planned pre-labor cesarean) are at higher risk of</p> <ul style="list-style-type: none"> • respiratory distress • NICU admission • death in the first 4 weeks of life • later in life, asthma, allergies, and childhood obesity. <p>Excellent results in states where CPMs attend VBACs:</p> <ul style="list-style-type: none"> • CA midwives attended >340 successful out of hospital VBACs with no uterine ruptures (2011- 2013). • CO midwives attended >130 out of hospital VBACs with no uterine ruptures (2011 to 2012). • Out of hospital VBAC success rates are consistently above 85%.
VBAC BAN REPERCUSSIONS	
<p>Multiple cesareans are extremely dangerous. A ban on CPMs attending out of hospital VBAC would mean a repeat cesarean for most women, putting mothers' and babies' health at risk and limiting their future reproductive options.</p>	
OVERWHELMING SUPPORT FOR VBAC	
<p>National medical groups that support VBAC with midwives under these limited circumstances:</p> <ul style="list-style-type: none"> • National Institute of Health • American Academy of Family Physicians • Association of Certified Nurse Midwives (CNM) • Center for the Accreditation of Birth Centers <p>Maryland Support for VBAC with midwives:</p> <ul style="list-style-type: none"> • CNMs legally attend out-of-hospital VBAC in Maryland <p style="text-align: center;"><u>In 24 of 28 states where CPMs practice legally, they attend out-of-hospital VBAC.</u></p>	

